



**Rocky Point
Charter School
Breakfast 2017**

**ALL BREAKFASTS ARE
SERVED WITH FRUIT OR
JUICE AND A CHOICE OF
CHILLED LOWFAT MILK!**

Get off to a
Good Start,
Eat Breakfast!

Monday	Tuesday	Wednesday	Thursday	Friday
5 Pancake Sausage On a Stick Assorted Cold Cereals	4 Sausage/Cheese and Whole Grain Bagel Sandwich Assorted Cold Cereals	5 French Toast Stix/Syrup Assorted Cold Cereals	6 Superbakery Whole Grain Six Pack Donuts Assorted Cold Cereals	7 Fresh Baked Cinnamon Roll with Icing:-) Assorted Cold Cereals
17 Pancake Sausage On a Stick Assorted Cold Cereals	18 Sausage/Cheese and Whole Grain Bagel Sandwich Assorted Cold Cereals	19 French Toast Stix/Syrup Assorted Cold Cereals	20 Superbakery Whole Grain Six Pack Donuts Assorted Cold Cereals	21 Fresh Baked Cinnamon Roll with Icing:-) Assorted Cold Cereals
24 Pancake Sausage On a Stick Assorted Cold Cereals	25 Sausage/Cheese and Whole Grain Bagel Sandwich Assorted Cold Cereals	26 French Toast Stix/Syrup Assorted Cold Cereals	27 Superbakery Whole Grain Six Pack Donuts Assorted Cold Cereals	28 Fresh Baked Cinnamon Roll with Icing:-) Assorted Cold Cereals



Each lunch entree is served with homestyle ranch dressing, vegetables, whole grains, fruit and a variety of low fat chilled milks everyday! We use locally grown and organic products as much as possible!



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Monday	Tuesday	Wednesday	Thursday	Friday
5 Mighty Macho Nachos	4 Chicken Patty Sandwich/Chips	6 Orange Chicken, Brown Rice and Fortune Cookie	6 Schoolhouse Pizza	Cheeseburger and Fries
17 Schoolhouse Pizza	18 Frito Burrito	16 Orange Chicken, Brown Rice and Fortune Cookie	20 Schoolhouse Pizza	21 Golden Corndog and Fries
24 Schoolhouse Pizza	25 Chicken Patty Sandwich/Chips	26 Orange Chicken, Brown Rice and Fortune Cookie	27 Schoolhouse Pizza	28 Cheeseburger and Fries