



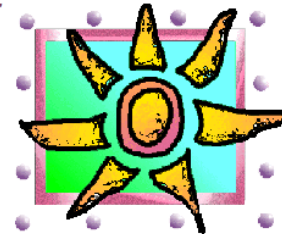
Rocky Point Charter School Breakfast 2017

ALL BREAKFASTS ARE SERVED WITH FRUIT OR JUICE AND A CHOICE OF CHILLED LOWFAT MILK!





Rocky Point Charter School Lunch 2017


We use recyclable and compostible serving containers with our meals!



All Menus are Subject to Change

Each lunch entree is served with homestyle ranch dressing, vegetables, whole grains, fruit and a variety of low fat chilled milks everyday! We use locally grown and organic products as much as possible!

Monday	Tuesday	Wednesday	Thursday	Friday
1 Pancake and Sausage On a Stick Assorted Cold Cereals	2 Sausage/Cheese and Whole Grain Bagel Sandwich Assorted Cold Cereals	3 French Toast Stix/Syrup Assorted Cold Cereals	4 Superbakery Whole Grain Six Pack Donuts Assorted Cold Cereals	5 Fresh Baked Cinnamon Roll w/ Icing:) Assorted Cold Cereals
6 Pancake and Sausage On a Stick Assorted Cold Cereals	7 Sausage/Cheese and Whole Grain Bagel Sandwich Assorted Cold Cereals	8 French Toast Stix/Syrup Assorted Cold Cereals	9 Superbakery Whole Grain Six Pack Donuts Assorted Cold Cereals	10 Fresh Baked Cinnamon Roll w/ Icing:) Assorted Cold Cereals
11 Pancake and Sausage On a Stick Assorted Cold Cereals	12 Sausage/Cheese and Whole Grain Bagel Sandwich Assorted Cold Cereals	13 French Toast Stix/Syrup Assorted Cold Cereals	14 Superbakery Whole Grain Six Pack Donuts Assorted Cold Cereals	15 Fresh Baked Cinnamon Roll w/ Icing:) Assorted Cold Cereals
16 Pancake and Sausage On a Stick Assorted Cold Cereals	17 Sausage/Cheese and Whole Grain Bagel Sandwich Assorted Cold Cereals	18 French Toast Stix/Syrup Assorted Cold Cereals	19 Superbakery Whole Grain Six Pack Donuts Assorted Cold Cereals	20 Fresh Baked Cinnamon Roll w/ Icing:) Assorted Cold Cereals
21 Pancake and Sausage On a Stick Assorted Cold Cereals	22 Sausage/Cheese and Whole Grain Bagel Sandwich Assorted Cold Cereals	23 French Toast Stix/Syrup Assorted Cold Cereals	24 Superbakery Whole Grain Six Pack Donuts Assorted Cold Cereals	25 Fresh Baked Cinnamon Roll w/ Icing:) Assorted Cold Cereals
26  Memorial Day Weekend	27 Sausage/Cheese and Whole Grain Bagel Sandwich Assorted Cold Cereals	28 French Toast Stix/Syrup Assorted Cold Cereals		

Monday	Tuesday	Wednesday	Thursday	Friday
1 BBQ Rib Sandwich and Hashbrown	2 Frito Burrito	3 Orange Chicken/ Brown Rice/ Fortune Cookie	4 Schoolhouse Pizza	5 Golden Corndog and Fries
6 Schoolhouse Pizza	7 Chicken Patty Sandwich/Chips	8 Orange Chicken/ Brown Rice/ Fortune Cookie	9 Schoolhouse Pizza	10 Cheeseburger and Fries
11 Mighty Macho Nachos	12 Frito Burrito	13 Orange Chicken/ Brown Rice/ Fortune Cookie	14 Schoolhouse Pizza	15 Golden Corndog and Fries
16 Schoolhouse Pizza	17 Chicken Patty Sandwich/Chips	18 Orange Chicken/ Brown Rice/ Fortune Cookie	19 Schoolhouse Pizza	20 Cheeseburger and Fries
21  Memorial Day Weekend	22 Frito Burrito	23 Orange Chicken and Brown Rice	