

# October



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Rocky Point  
Breakfast 2017



ALL BREAKFASTS ARE  
SERVED WITH FRUIT OR  
JUICE AND A CHOICE OF  
CHILLED LOWFAT MILK!

Rocky Point  
Charter School  
Lunch 2017

Each lunch entree is  
served with  
homestyle ranch  
dressing, vegetables,  
whole grains, fruit  
and a variety of low  
fat chilled milks  
everyday!



All Menus are Subject to  
Change

Monday	Tuesday	Wednesday	Thursday	Friday
Pancake On a Stick Assorted Cold Cereals	4 French Toast Stix w/Syrup Assorted Cold Cereals	Superbakery Whole Grain Six Pack Donuts Assorted Cold Cereals	Old Fashioned Hot Oatmeal with Butter) Assorted Cold Cereal	Bakery Fresh Whole Grain Glazed Donuts Assorted Cold Cereals
Pancake On a Stick Assorted Cold Cereals	4 French Toast Stix w/Syrup Assorted Cold Cereals	Superbakery Whole Grain Six Pack Donuts Assorted Cold Cereals	Old Fashioned Hot Oatmeal with Butter) Assorted Cold Cereal	Bakery Fresh Whole Grain Glazed Donuts Assorted Cold Cereals
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Pancake On a Stick Assorted Cold Cereals	4 French Toast Stix w/Syrup Assorted Cold Cereals	<b>Get off to a Good Start, Eat Breakfast!</b>		

Monday	Tuesday	Wednesday	Thursday	Friday
Schoolhouse Pizza	Beef Chimichanga and Spanish Fries	Orange Chicken, Brown Rice and Fortune Cookie	Incredible Schoolhouse Pizza	Crunchy Chicken Sandwich/Fries
Cheeseburger and Fries	Bean and Cheese Burrito and Spanish Fries	Turkey and Cheese Deli Sub with Ranch Doritos	Incredible Schoolhouse Pizza	Mighty Macho Nachos
Schoolhouse Pizza	Beef Chimichanga and Spanish Fries	Orange Chicken, Brown Rice and Fortune Cookie	Incredible Schoolhouse Pizza	Crunchy Chicken Sandwich/Fries
Mighty Macho Nachos	Bean and Cheese Burrito and Spanish Fries	Turkey and Cheese Deli Sub with Ranch Doritos	Incredible Schoolhouse Pizza	Mighty Macho Nachos
Cheeseburger and Fries	Beef Chimichanga and Spanish Fries			